

Certified

This program, administered at the Division level, is the ultimate challenge in ski patrolling. It focuses on leadership, teamwork, and decision-making as well as practical skills. The Certified program consists of six modules: Area Operations and Risk Management, Avalanche Management, Emergency Care, Rope Rescue and Lift Evacuation Management, Skiing/Snowboarding, Toboggan Handling. Each module challenges the candidate's patrolling knowledge and skills and the ability to lead as well as to be an integral part of a team. The program also provides the opportunity to interface with patrollers from throughout the Central Division.

Prerequisites: Participation in a Division authorized orientation and safety clinic, completion of the Senior Ski component, recommendation and signature of a Division Certified Supervisor or designee.

Additional Recommended Prerequisites: Completion of NSP Level 2 Avalanche course, completion of the Senior Emergency Management component, completion of the emergency care study guide.

Time Commitment: Varied, One day clinic and one-two day evaluation

Credential: Certified number

Who to contact: Region Certified Advisor

Continuing education/Refresher: Recertification of skiing and toboggan handling skills once every three years.



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NSP, South Central Region Continuing Education Programs

Add Value to your Patrolling Experience!



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Are you looking for a new challenge? ...a chance to develop new skills? Skilled, experienced and enthusiastic NSP and PSIA instructors lead South Central Region Programs and are ready to help you achieve your goals and have a great time in the process!

Find out more about your favorite programs by contacting the appropriate Program Advisor, check out the Region website www.nsp-southcentral.org or the Sweep newsletter.

Instructor Development^{SE}

This is the first step in becoming an instructor in any NSP discipline. The Instructor development program includes information about: positive teaching techniques and characteristics of adult learners, different learning styles, levels of learning, lesson plan organization, providing effective feedback and organizing a program.

Prerequisites: None

Time commitment: One day

Credential: Certificate of Achievement

Who to contact: Instructor Development Advisor

Texts: Training Patrollers Effectively, #525

Instructor Mentoring Program^{SE}

The Mentoring program focuses on the practical application of teaching and skills assessment for a specific discipline. Potential instructors are teamed with experienced instructors for individual training and guidance. Ultimately the instructor candidate will be evaluated by the discipline Instructor Trainer and become an instructor.

Prerequisites: Instructor Development Course

Time commitment: Varies

Credential: NSP Instructor Certification

Who to contact: Discipline specific IT

Texts: Training Patrollers Effectively, #525, Discipline specific instructors manuals.

Ski Trainer's Workshop

The Ski Trainer's Workshop is designed for NSP toboggan trainers and evaluators. The course is designed to help the trainer assess patrollers' abilities and limitations in skiing and offering recommendations for improvement. The course is lead by PSIA instructors. This program is strongly recommended for patrols that do not currently have an active training relationships with local ski instructors.

Prerequisites: Current NSP Member, Instructor Development or Phase One, Toboggan Instructor, PSIA Level 7 skier.

Credential: Certificate of Achievement

Time Commitment: One or two days

Who to contact: Region PSIA Advisor

Texts: None

■ Programs that add value to the
Patrolling Experience! ■

Refresh your skills!

Toboggan Enhancement Seminar

This clinic, led by some of the best toboggan instructors in the Region, is for any patroller interested in improving his/her toboggan skills. Similar to the Ski Enhancement Seminar, this seminar is geared towards the specific needs and goals of the participants. Participants will have an opportunity to learn skills and techniques that they might not otherwise have a chance to experience or practice on a regular basis.

This clinic can be tailored to fit the needs of a specific group (i.e. toboggan instructors, Senior candidates) and can be conducted as a Region-wide event or brought to a specific hill. The scope can be from very novice to advanced and can involve classroom instruction as well as on-hill activities.

Prerequisites: Current NSP member

Time Commitment: One day

Credential: Certificate of Achievement

Who to contact: Region Toboggan Advisor

Ski/Snowboard Enhancement Seminar

Simply stated, this should be the best ski/snowboard lesson the participant has ever had! The top-level PSIA instructors that lead this clinic have one primary goal: improve the skiing/boarding experience of the participants. The seminar is conducted based on participant goals and expectations. No matter what level of skills you possess, this clinic will help you improve. And because the instructors are highly trained and experienced, participants are able to learn in a relaxed, non-threatening environment.

Prerequisites: Current NSP member

Time Commitment: One day

Credential: Certificate of Achievement

Who to contact: Region PSIA Advisor

Try something new

Mountain Travel and Rescue Fundamentals^{SE}

The Mountain Travel and Rescue Fundamentals program provides students with the knowledge and skills to travel and work in reasonable comfort and safety in the outdoor environment and to be an asset to a search and rescuer team. Modules include: navigation, travel, survival, nourishment, clothing and equipment and basic search and rescue. This course includes a field exercise.

Prerequisites: None

Credential: Certificate of Achievement

Time Commitment:

Eight to twelve hours of classroom and one-day field exercise

Who to contact: Region Mountaineering Advisor

Texts: Mountain Travel and Rescue, #509

Note: Mountain Travel and Rescue Fundamentals and Avalanche Fundamentals and Rescue may be combined

Mountain Travel and Rescue 1 and 2 (MTR1 and MTR2)^{SE}

The MTR1 and MTR2 programs expand on the MTR Fundamentals course to add nighttime and overnight field experiences. Talk to the Mountaineering advisor for more information on these exiting programs.

■ Programs that add value to the Patrolling Experience! ■



Avalanche Fundamentals and Rescue^{SE}

The Avalanche Fundamentals and Rescue course is a substitute for Level I Avalanche and is to be taught when available terrain and snow pack prevent completion of all Level I curriculum requirements. Students learn how terrain, weather, and snow pack contribute to avalanche hazards. This knowledge is used during decision-making exercises in the classroom and in the field session. Students also become acquainted with

human factors, which skew effective decision-making. The course focuses heavily on the fundamentals of self, group, and organized rescue. Field sessions will be limited to those activities fully achievable in the local environment, and normally will not include route selection, backcountry travel, and snow stability evaluation. Students complete a written exam and practical evaluation

during field exercises. Upon completion, students are qualified to participate in organized rescue operations.

Prerequisites: None

Credential: Certificate of Achievement

Time Commitment: Eight hours of classroom and one half-day field exercise

Who to contact: Region Avalanche Advisor

Texts: Avalanche Rescue Quick Guide (#511), Snow Sense (#513)

Note: Mountain Travel and Rescue Fundamentals and Avalanche Fundamentals and Rescue may be combined

Advanced Avalanche Level I and II

If you are looking for adventure out west, this program is for you! Building on the Avalanche fundamentals course, this program is held in the Wasatch mountain range.

Challenge Yourself!

Senior

The Senior program provides a method of obtaining personal improvement and achievement, and expanding and improving patrolling knowledge and skills. It also provides the opportunity to interact with patrollers throughout the Region. There are three core skill components the Senior candidate must complete to earn Senior status: Senior Emergency Management, ski proficiency, and toboggan handling. In addition to the three core elements, the Senior candidate must complete three approved electives (many of the approved electives are listed in this brochure denoted by *SE*).

Senior Emergency Management Alpine Senior Ski and Toboggan

Completion of these two core elements is achieved by participation in the Alpine Senior On The Hill and Senior Emergency Management programs. Each program is comprised of a clinic session and a practical evaluation.

Prerequisites: NSP member, Patrol Representative's approval

Time Commitment: Varies, One day clinic, One day evaluation for each component

Credential: Certificate of Achievement

Who to contact: Region Proficiency Advisor

Texts: The Ski Patroller's Manual (#501)

